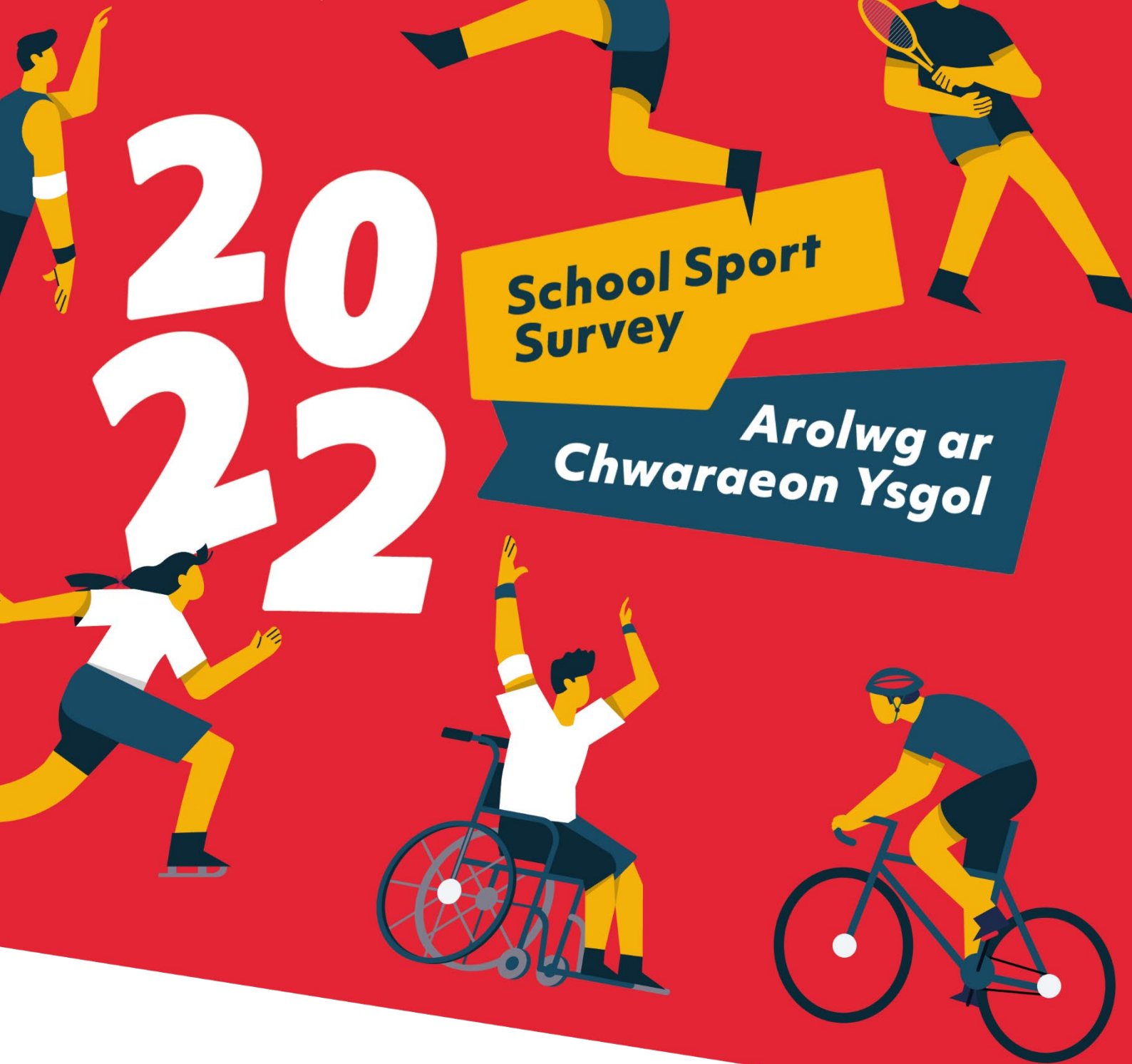


sportwales
chwaraeoncymru



**School Sport
Survey**

**Arolwg ar
Chwaraeon Ysgol**

Ceredigion Report

2022

Key Stats for Ceredigion



of pupils participated in organised sport outside of the curriculum three or more times per week*



of pupils 'always' feel their ideas about PE are listed to



of pupils believe that PE and sport help them 'a lot' to have a healthy lifestyle

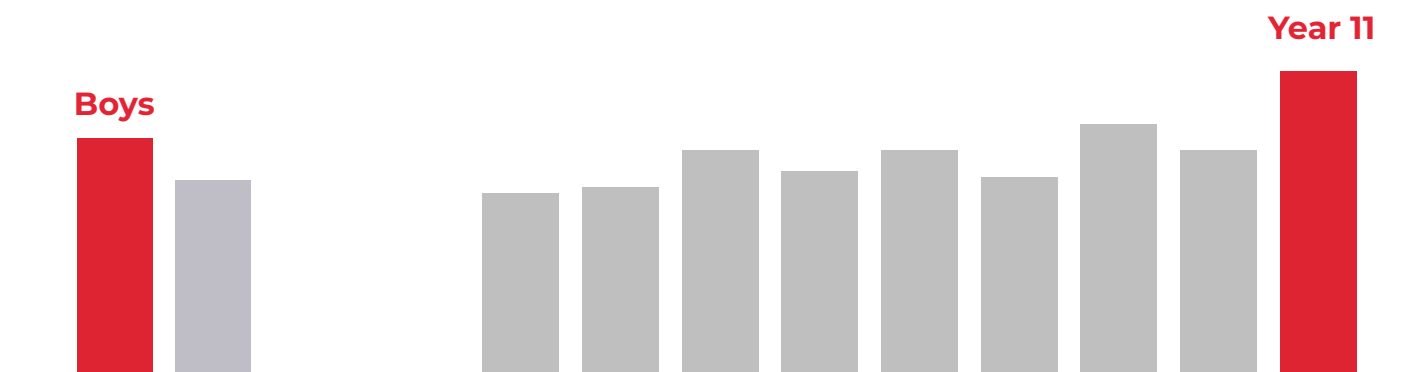


Boys mostly participated in **Football**



Girls mostly participated in **Running or Jogging**

Participation was highest for:



*Organised sport refers to any extracurricular or community club participation.

Introduction

After being delayed due to the COVID-19 pandemic, the School Sport Survey is back! This year, 116,038 pupils from 1,000 schools in Wales took part.

In this report we've collated what we learned about pupils in Ceredigion, where 2,762 pupils told us about their experiences of sport this year.

We've structured this report around the Vision for Sport in Wales¹ – 'an active nation where everyone can have a lifelong enjoyment of sport'. We want as many people as possible to be inspired to be active through sport, where everyone feels able to take part no matter their sporting background, in a sporting landscape that responds to the needs of people at different stages of their life, to create a wide range of positive experiences.



This report is organised in four sections



Active Nation



Everyone



Lifelong



Enjoyment

By using this as the basis for our report, you can see how Ceredigion contributes to the Vision, and where there could be scope to do things differently. Comparisons with Mid Wales and Wales are provided throughout.

This report contains key data that can help you and your schools improve their sporting offer. We hope the evidence contained in this report will allow you to better understand the sporting landscape for young people in Ceredigion and across Wales, and aid you in enhancing the lives of your pupils.

Yours Sincerely

Brian Davies

Acting Chief Executive Officer

¹ www.visionforsport.wales

Active nation



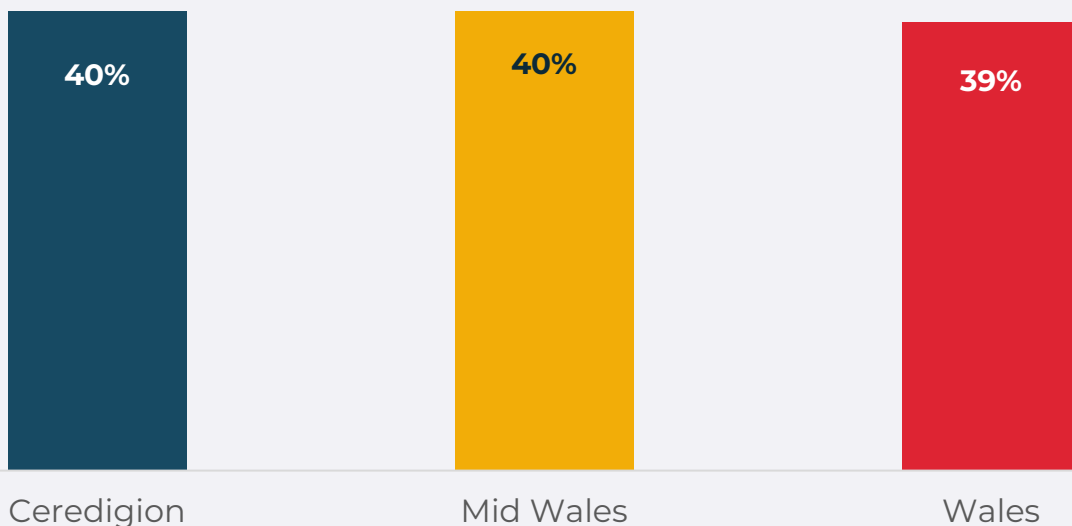
The vision for sport in Wales is to create an active nation. We want as many people as possible to be inspired to be active through sport.

Frequency of participation

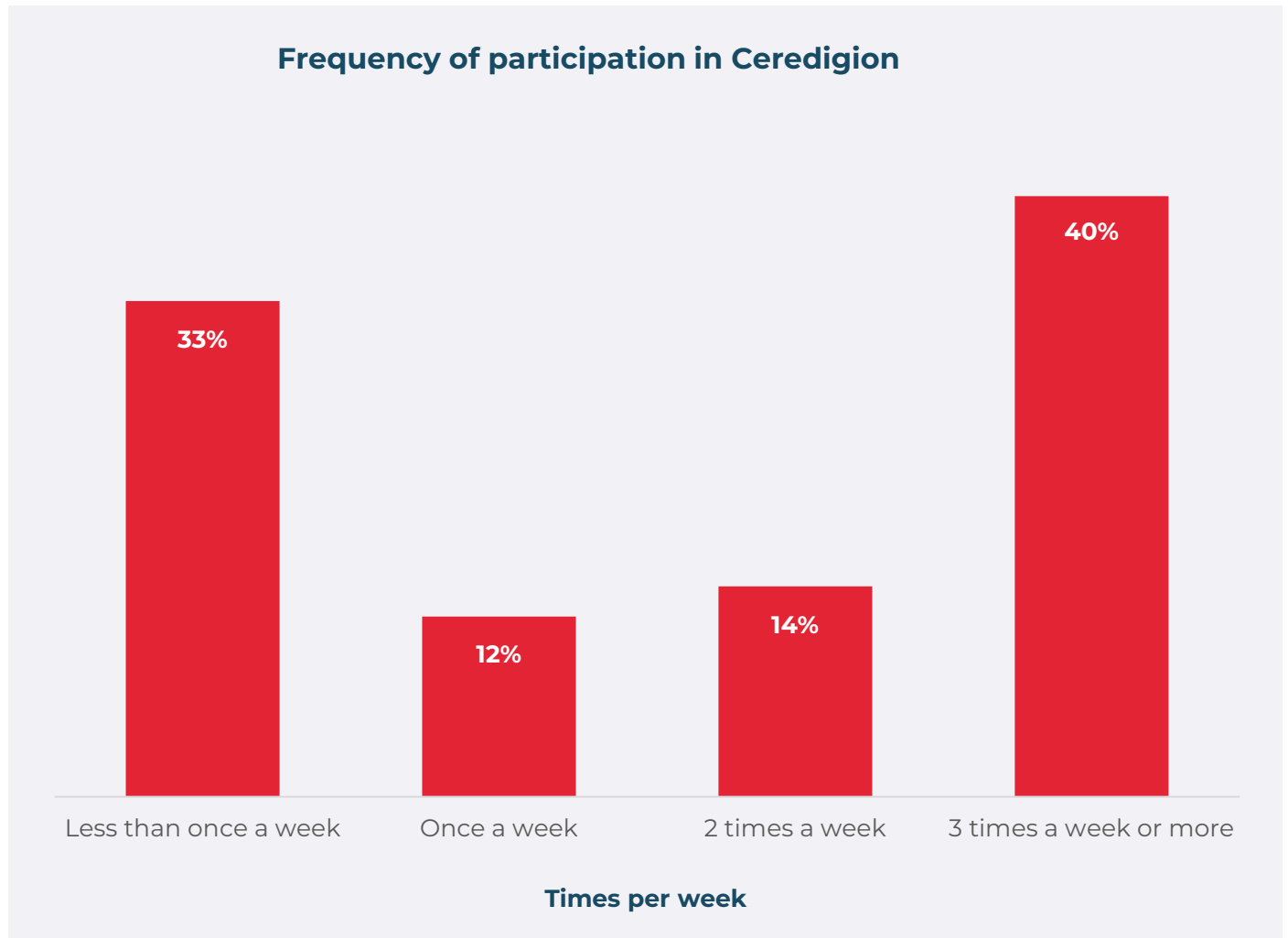
The proportion of children participating in organised sport outside of the curriculum three or more times per week is an indicator for the Wellbeing of Future Generations.

In Ceredigion 40% of children participated in sport outside of the curriculum three or more times a week. This is compared to 40% across Mid Wales and 39% across Wales.

Participation in organised sport outside of the curriculum three or more times per week



33% of pupils in Ceredigion report no frequent participation (i.e. less than once a week), compared to 33% across Mid Wales and 36% across Wales. 67% in Ceredigion reported participating in sport at least once a week, compared to 67% across Mid Wales and 64% across Wales.

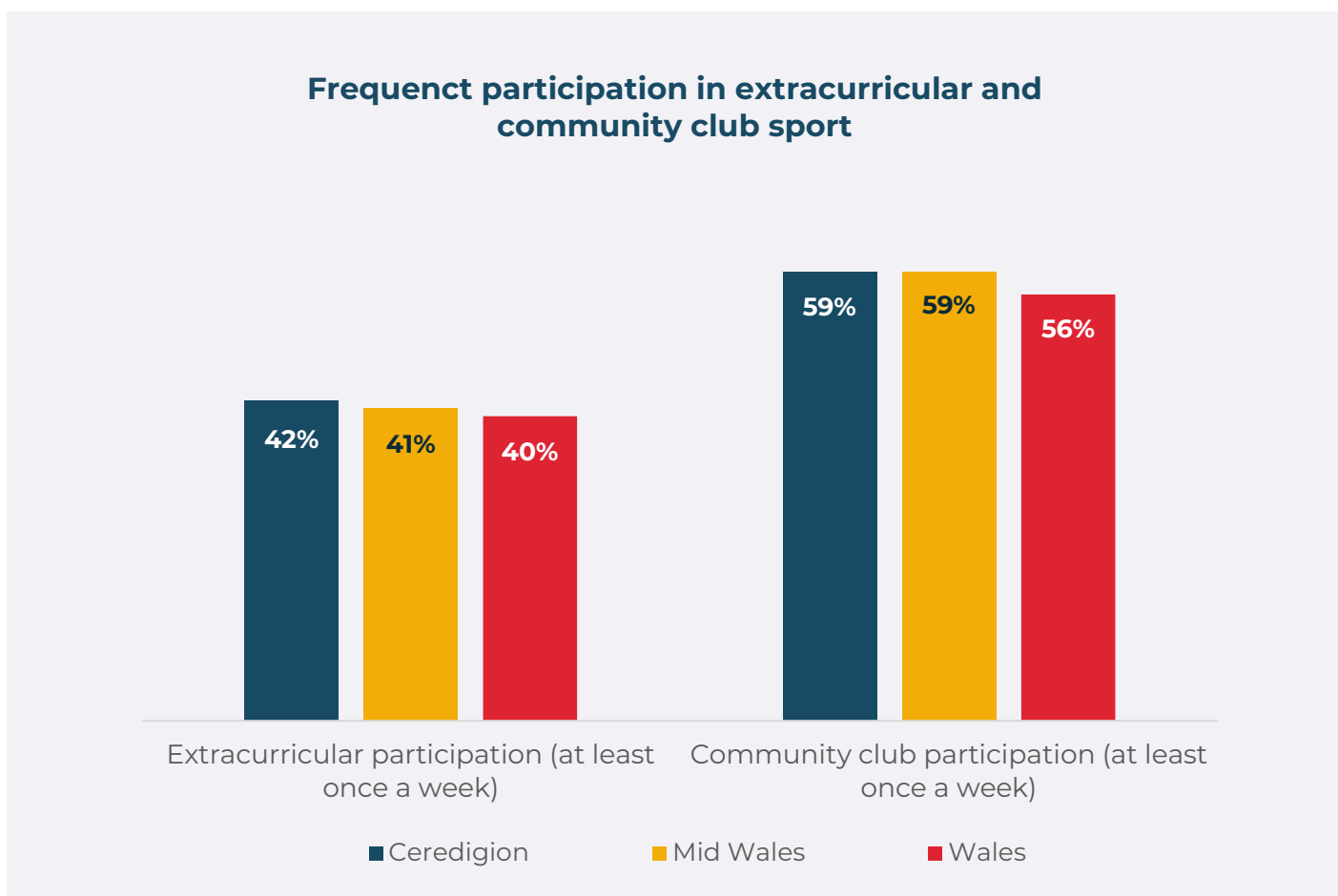


Extracurricular and community club sport

42% of pupils in Ceredigion participated in extracurricular sport (i.e., lunch time or after school club) frequently (at least once per week) in the 2021-22 school year, compared to 41% across Mid Wales and 40% across Wales.

59% of pupils participated in sport in a community club at least once a week, compared to 59% across Mid Wales and 56% across Wales.

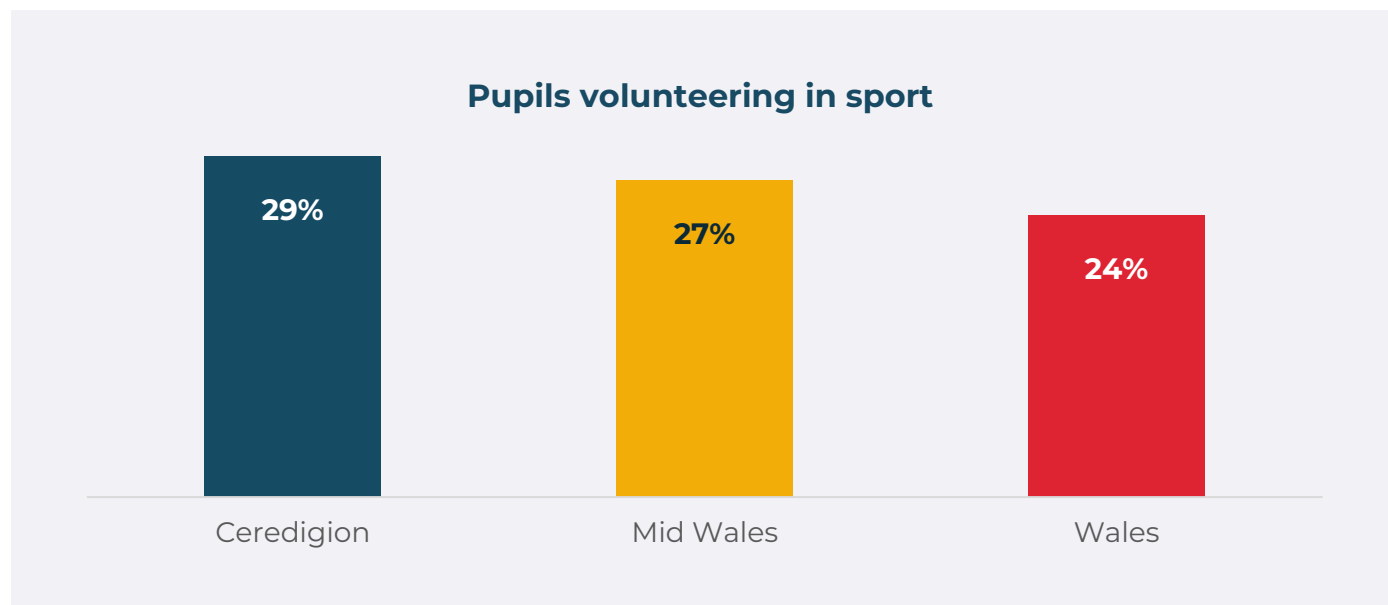
58% of pupils in Ceredigion also reported that they were members of a sports club, compared to 59% across Mid Wales and 54% across Wales.



Volunteering

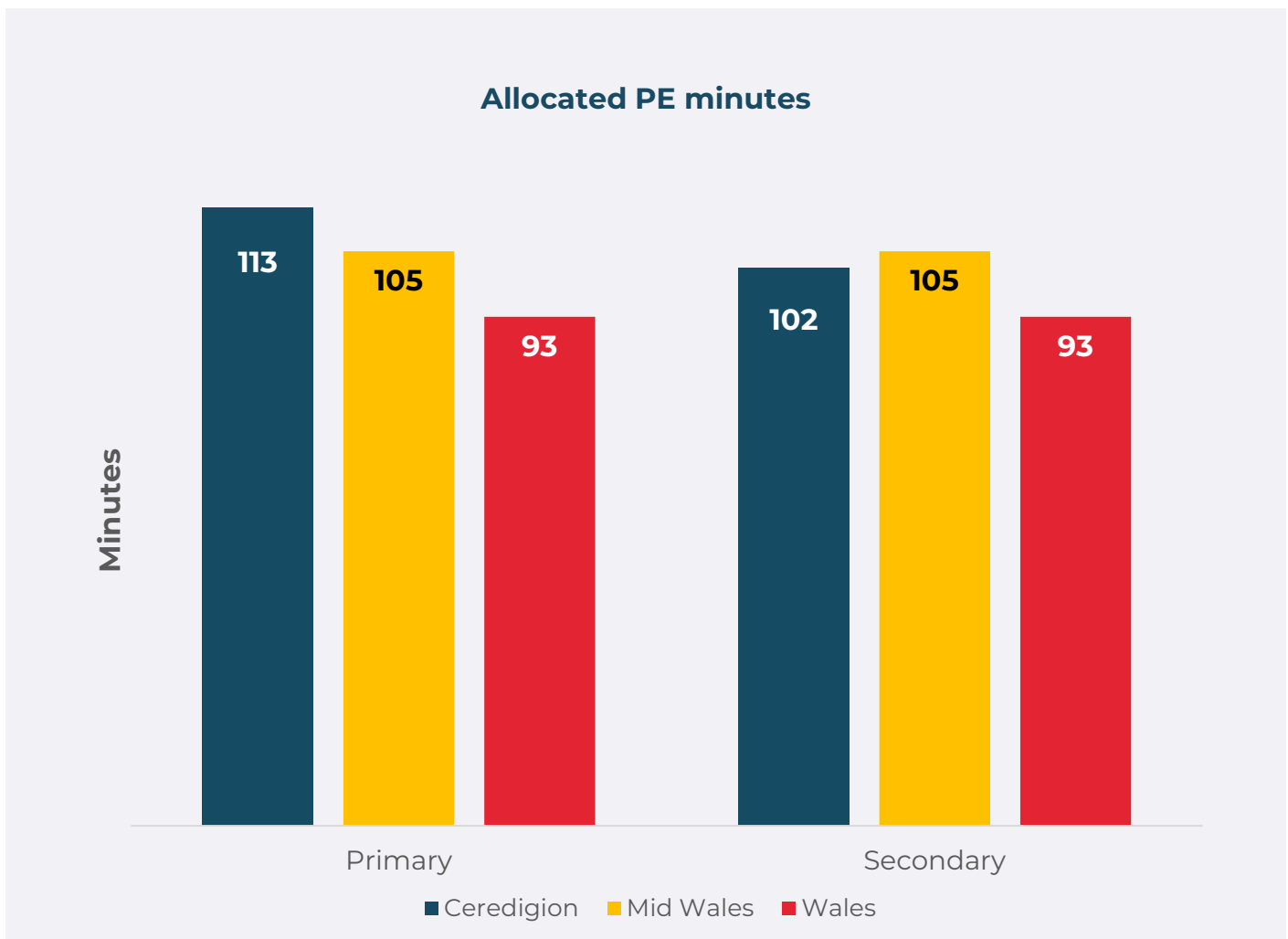
Pupils may also work toward an active nation by helping to deliver sport. Pupils were asked if they volunteer or help with a sport at school or in their community.

29% of pupils within Ceredigion stated that they currently volunteer within or outside of school in some way, compared to 27% across Mid Wales and 24% across Wales.



PE provision

It has previously been recommended that schools offer 120 minutes of PE per week to pupils. In Ceredigion, 113 minutes were on average offered to primary school pupils, while 102 minutes on average were offered to secondary school pupils. In comparison, 93 minutes on average were on offer to primary pupils across Wales, and 93 minutes on average were on offer to secondary school pupils across Wales.



This year, we also asked schools how much time of PE allocation was spent on other activities, such as getting changed, and setting up. In Ceredigion, 51% of primary schools and 100% of secondary schools stated that some time allocated to PE was taken up with other activities. By comparison, 45% of primary schools and 89% of secondary schools in Mid Wales, and 40% of primary schools and 80% of secondary schools in Wales stated that some time allocated to PE was taken up with other activities.

Most popular sports

There are gender differences in the popularity of specific sports. In Ceredigion the sport most participated in for girls was Running or Jogging whilst the sport most participated in for boys was Football. A summary of the most popular sports in Ceredigion, Mid Wales and Wales can be viewed in appendix A.

Girls



Boys



Everyone



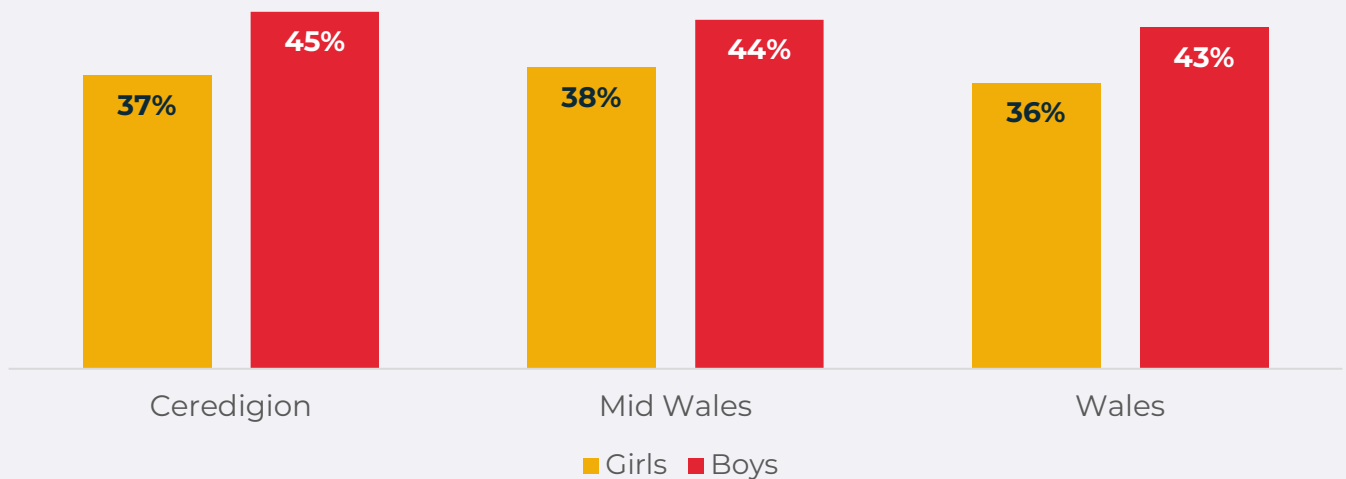
The vision is for everyone. From people who don't see themselves as sporty to people who win medals, across all demographics.

Gender

Historically, there has been a gap in sports participation across Wales, with girls consistently reporting less participation in sport than their male counterparts. Furthermore, participation amongst children who don't identify as male or female in Wales is typically lower still.

In Ceredigion 45% of boys participated in organised sport outside of the curriculum three or more times a week, compared to 37% of girls. Meanwhile in Mid Wales, 42% of boys and 38% of girls participated in organised sport outside of the curriculum three or more times a week.

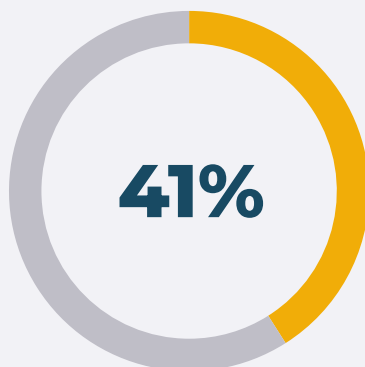
Participation in organised sport outside of the curriculum three or more times a week for boys and girls



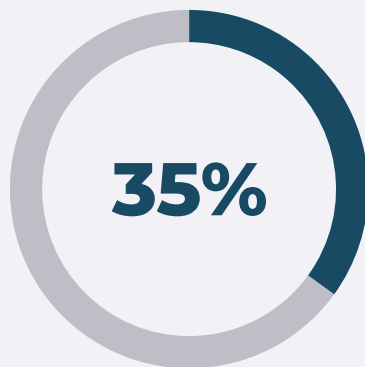
Disability or Impairment

Recent years have seen a shrinking gap in sports participation between individuals with a disability or impairment, and those without. In Ceredigion, 35% of pupils with a disability or impairment participated in organised sport outside of the curriculum three or more times per week, compared to 41% of pupils without.

Participation in organised sport outside the curriculum three or more times per week by pupils with no disability or impairment



Participation in organised sport outside the curriculum three or more times per week by pupils with a disability or impairment

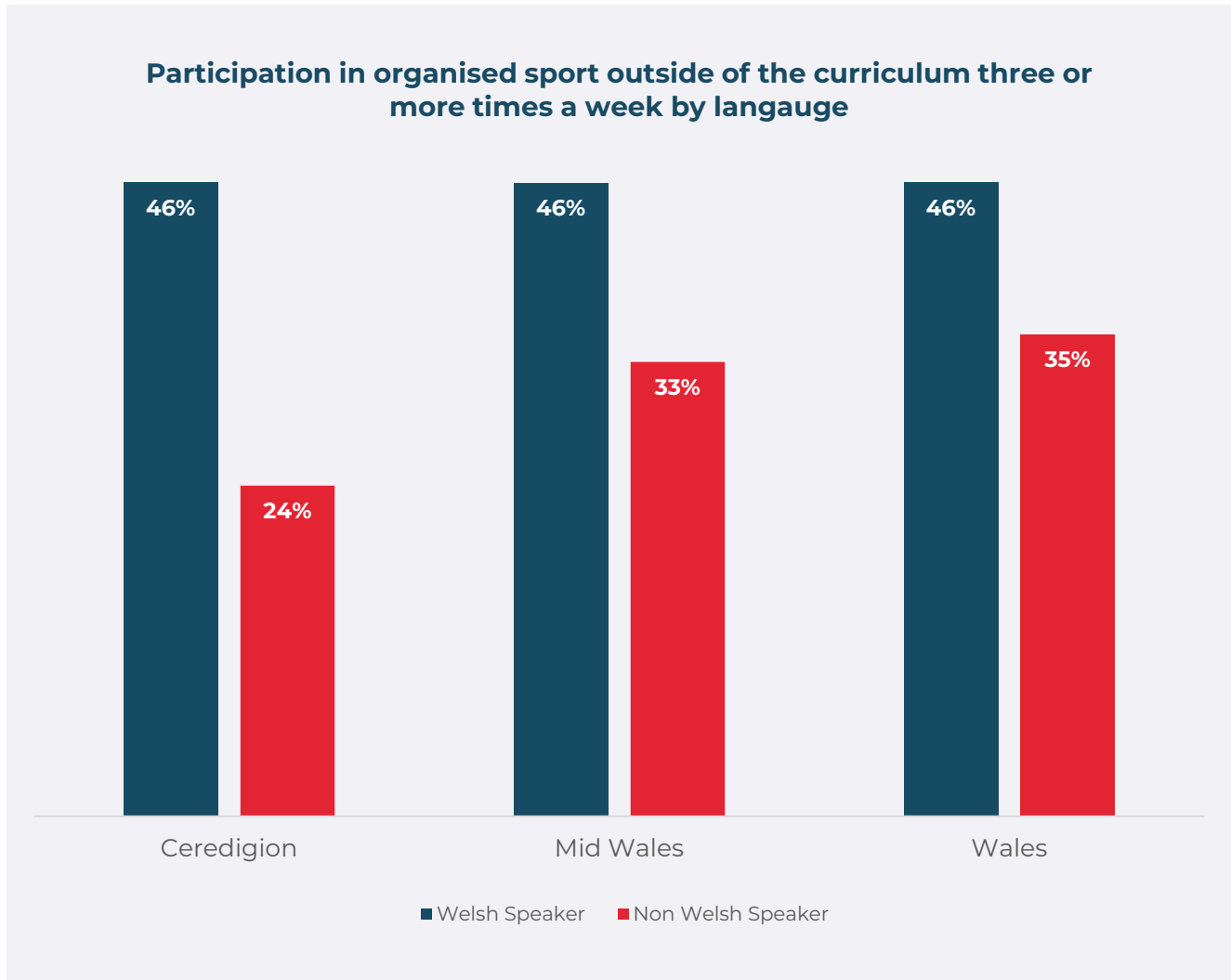


By comparison, 33% of pupils with a disability or impairment participated in organised sport outside of the curriculum three times a week or more across Mid Wales, and 35% across Wales².

² Due to insufficient data at lower geographical levels, special school data is only included at the Wales level, and not at the Regional Sport Partnership / Local Authority Level

Welsh language

Sport can be used to promote the use of Welsh. 46% of those who speak Welsh³ in Mid Wales participated in organised sport outside of the curriculum three or more times a week, compared to just 33% of those who didn't speak Welsh. Of those who do speak Welsh, 25% receive coaching in the Welsh outside of school.



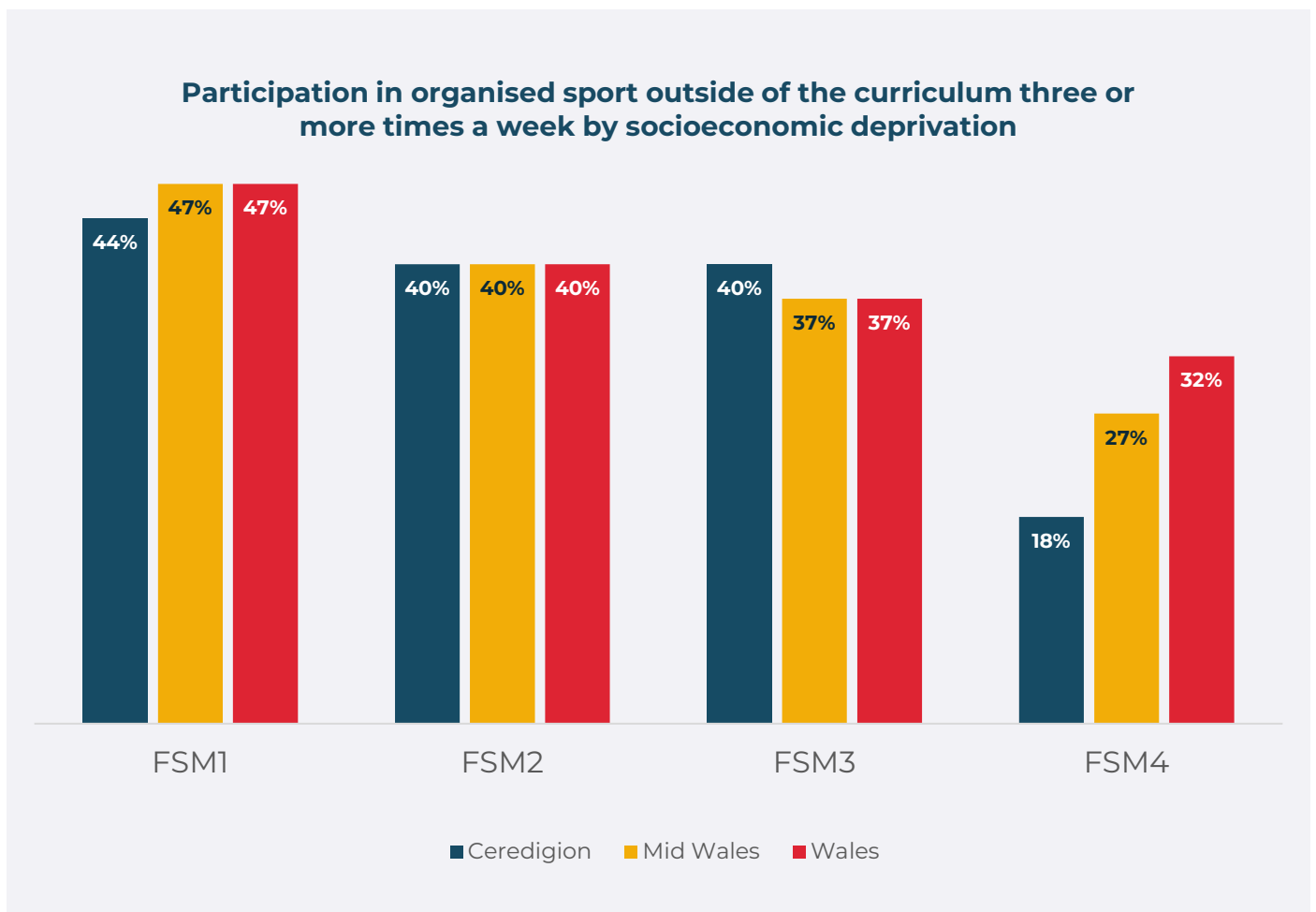
³ Speak Welsh includes fluent speakers, and those who can chat confident and simply in Welsh

Socioeconomic deprivation

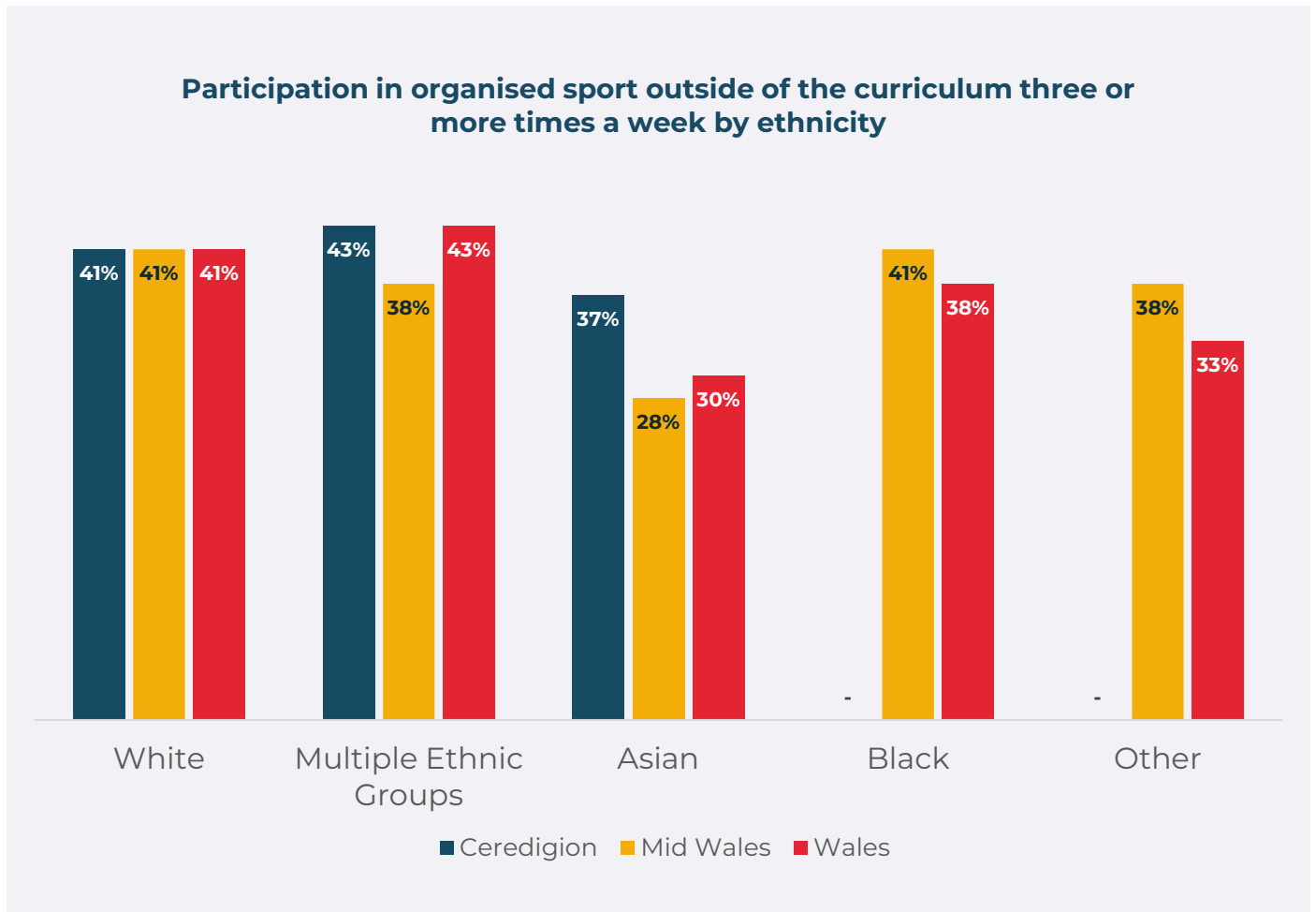
The COVID-19 pandemic saw many societal inequalities exacerbated, including those impacting on sport.

We use Free School Meal (FSM) as a measure of socioeconomic deprivation, with FSM1 being the least and FSM4 accounting for the most deprived.

44% of FSM1 pupils in Ceredigion participate in organised sport outside of the curriculum three or more times a week, compared to 18% in FSM4. Meanwhile, 47% of FSM1 pupils and 32% of FSM4 pupils in Wales participate in organised sport outside of the curriculum three or more times a week.



Ethnicity



Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Lifelong

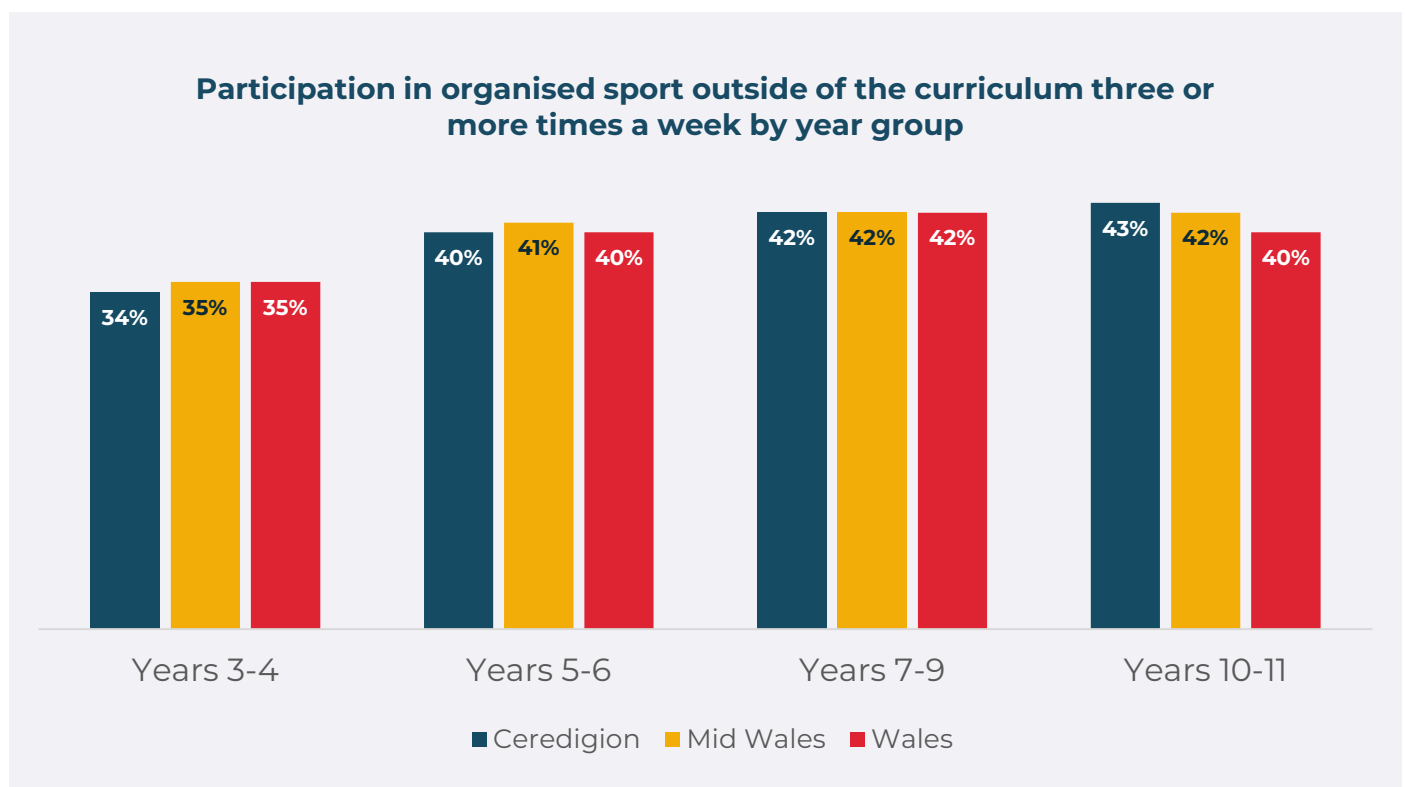


The vision is for life. It responds to the needs of people at different stages of their life.

The impact of year groups

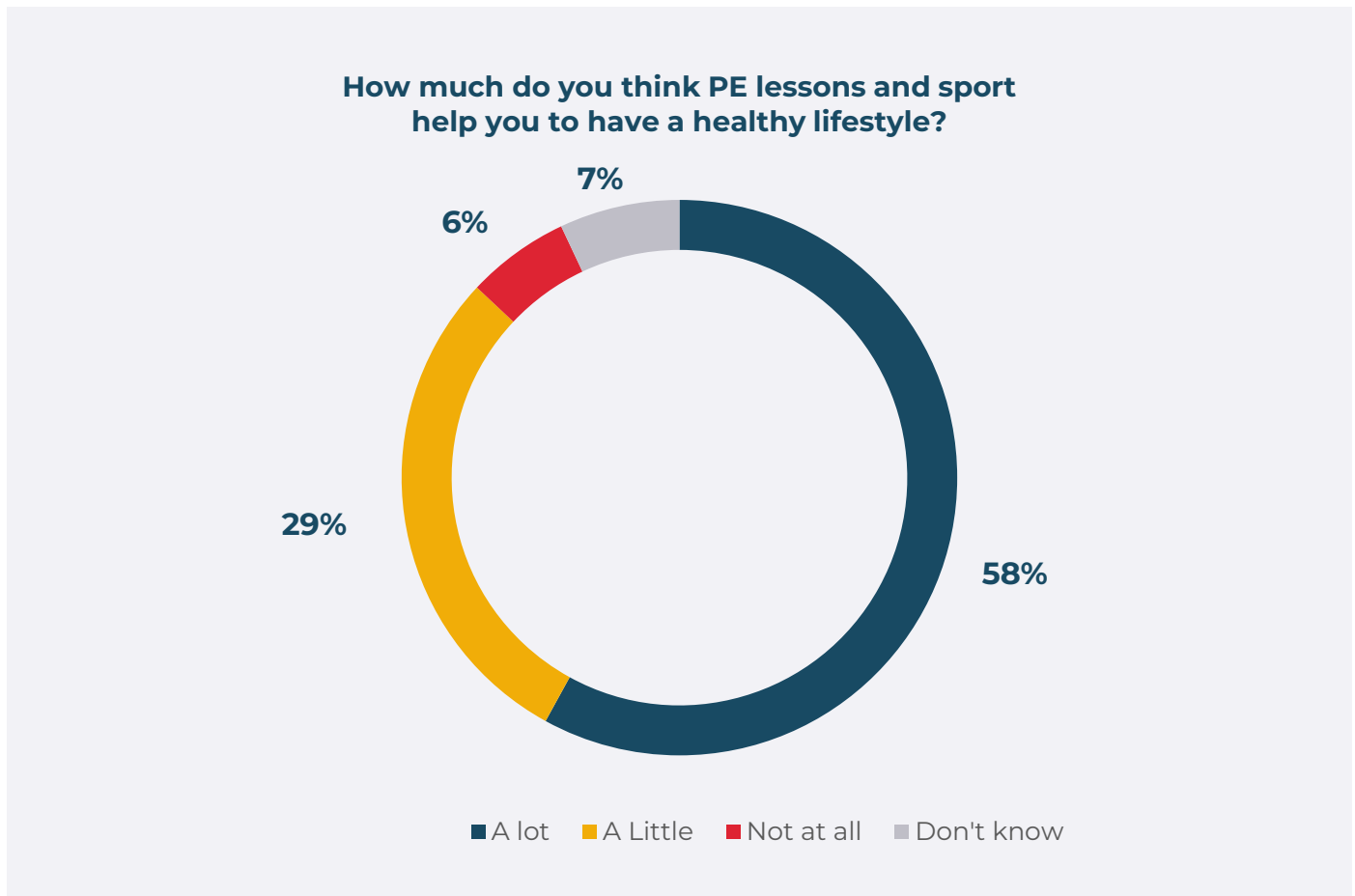
Sports participation varies with year groups, typically peaking when students are in years 5 and 6, and then generally declining from there.

In Ceredigion, 40% of pupils in years 5-6 participated in organised sport outside of the curriculum three or more times a week, compared to 42% of pupils in years 7-9 and 43% of pupils in years 10-11, respectively.



Healthy lifestyle

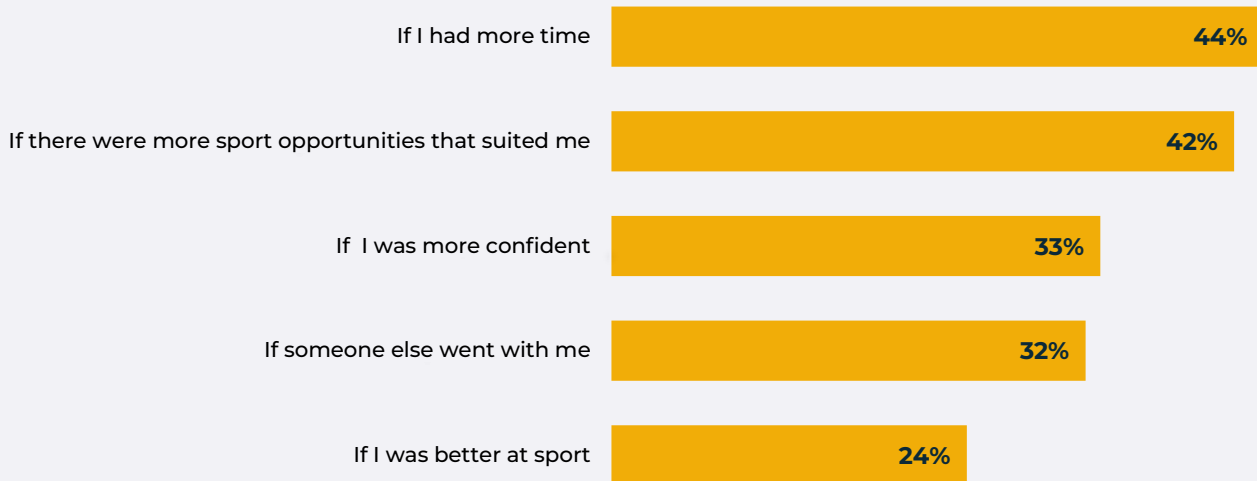
The new school curriculum for Wales emphasises that 'developing physical health and well-being has lifelong benefits'. 58% of pupils in Ceredigion felt that PE lessons and sport help them 'a lot' to have a healthy lifestyle, compared to 50% in Mid Wales and 51% across Wales.



Responding to needs

To be able to make sport a lifelong activity, we need to be able to respond to pupils' needs and desires, recognising barriers to participation. The main responses from pupils in Mid Wales to the statement 'I would do more sport if...!' were 'if there were more sport opportunities that suited me' for boys and 'If I had more time' for girls, while the main responses across Wales were 'if there were more sport opportunities that suited me' for boys and 'If I had more time' for girls. The following two figures show the main responses from girls and boys in Ceredigion.

The main responses from girls to the statement "I would do more sport if..." were



The main responses from boys to the statement "I would do more sport if..." were



Latent demand

One way that we can respond to needs is by acting on latent demand. Latent demand is where pupils say they would like to do more of a particular sport. In Ceredigion, the greatest demand amongst girls was for Swimming and the greatest demand for boys was for Football. Of pupils who responded to the survey in Ceredigion, 96% of pupils would like to do more sport, compared to 95% across Mid Wales and 93% across Wales.

The following figure shows to sports with the highest latent demand for girls and boys in Ceredigion, while a summary of latent demand across Ceredigion, Mid Wales and Wales can be viewed in appendix C.

Girls



Boys



Another way that we can respond to the needs of pupils is by acting on unmet demand. Unmet demand is where pupils would like to do a sport which they are not currently taking part in. Unmet demand of pupils in Ceredigion can be viewed in Appendix E.

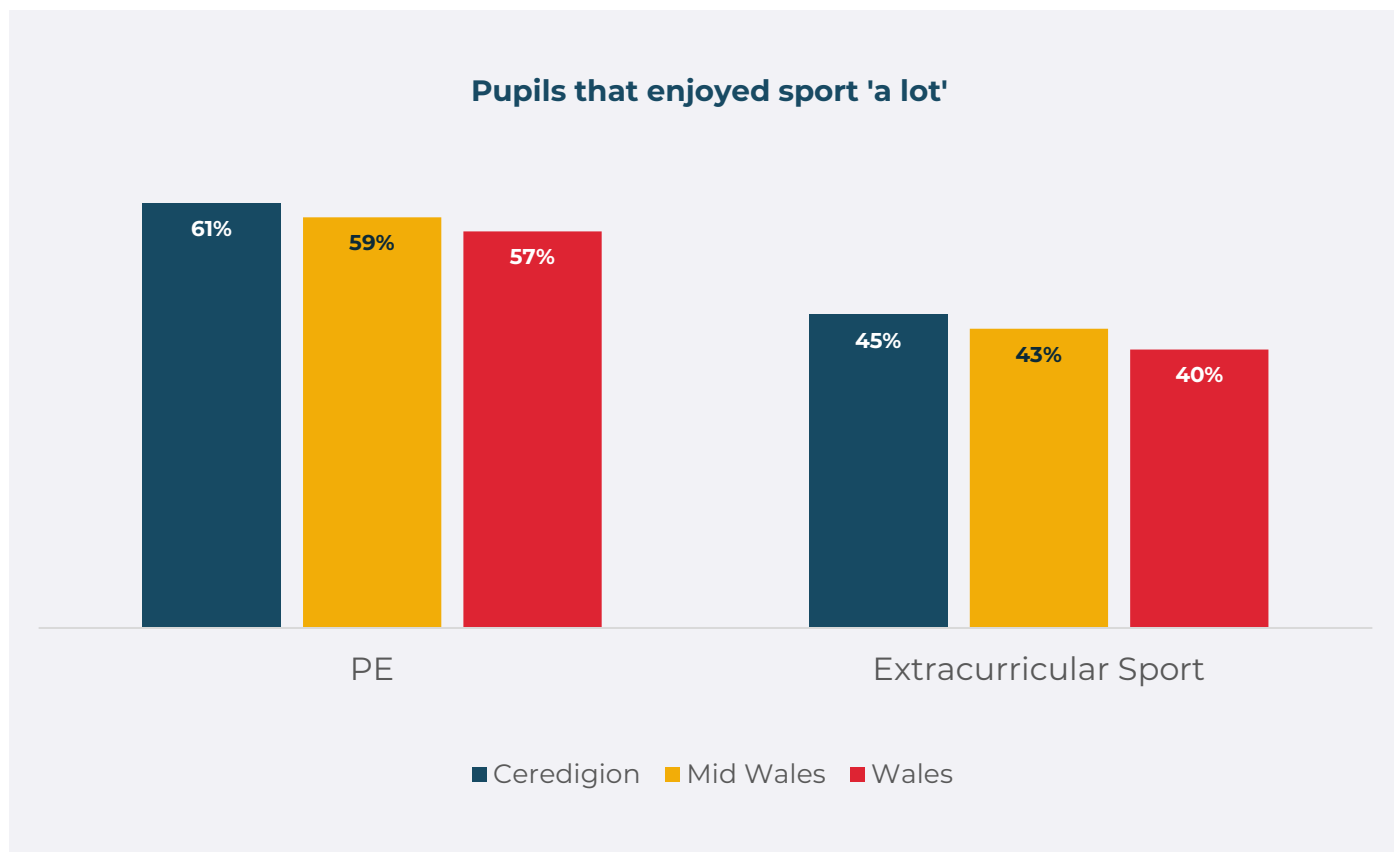
Enjoyment



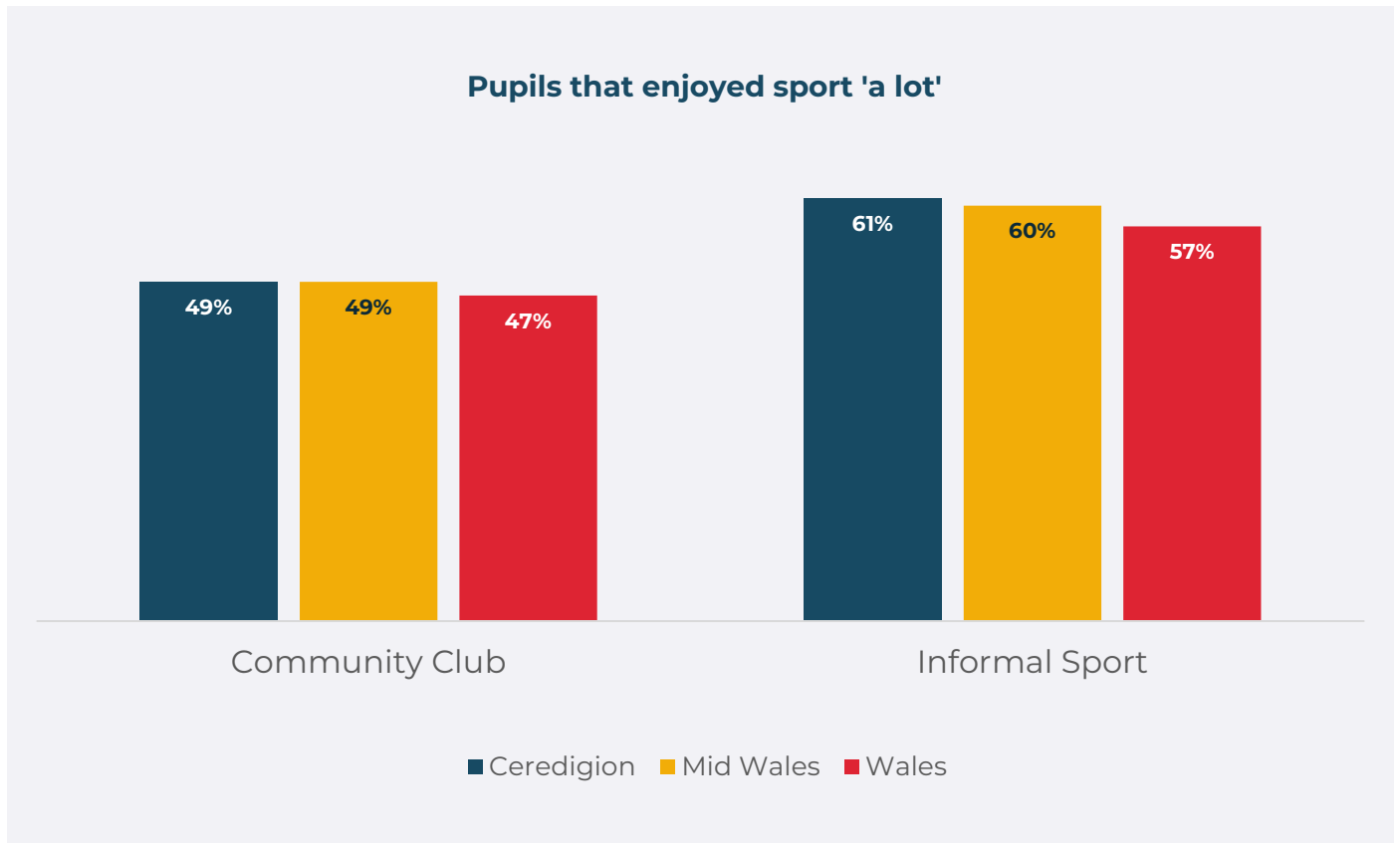
The vision focuses on creating a wide range of positive experiences so everyone can enjoy sport.

The 2018 School Sports Survey showed that pupils are almost twice as likely to participate in organised sport outside of the curriculum on three or more occasions a week if they enjoy school sport 'a lot'.

In Ceredigion in 2022, 61% of pupils enjoyed PE 'a lot', in comparison to 59% in Mid Wales and 57% across Wales. Meanwhile, 45% of pupils enjoyed extracurricular sport 'a lot' in Ceredigion in 2022. In comparison, 43% of pupils in Mid Wales and 40% of pupils across Wales enjoyed extracurricular sport 'a lot'.



Enjoyment and good experiences of sport in school can lead to participation outside of school, and can help build a habit of a healthy and active lifestyle. 49% and 61% of pupils in Ceredigion enjoyed community club and informal sport 'a lot', respectively. Meanwhile 49% in Mid Wales and 47% across Wales enjoyed community club sport 'a lot', and 60% in Mid Wales and 57% across Wales enjoyed informal sport 'a lot'.



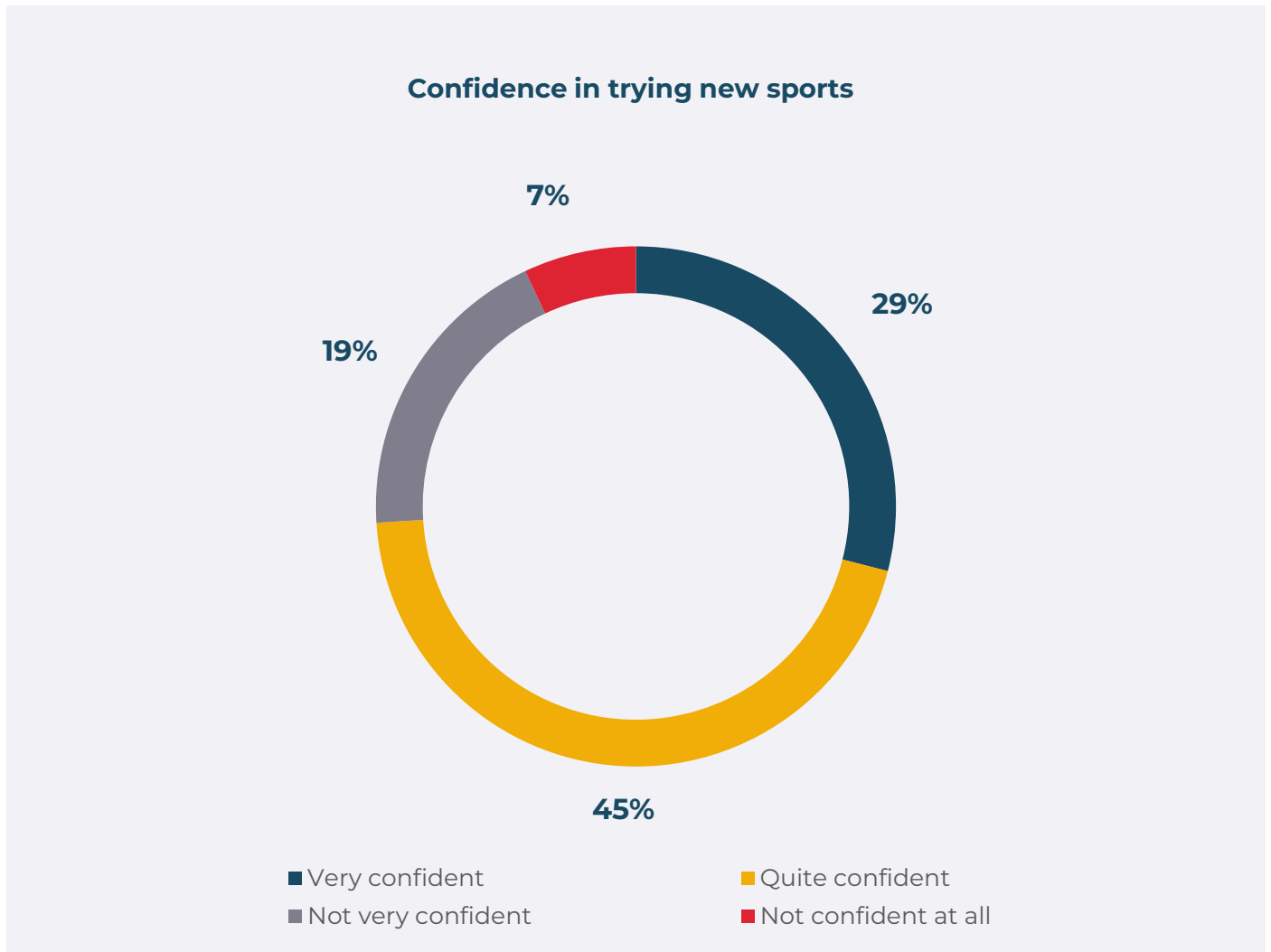
Historically, enjoyment of sport is one of those areas where we often see significant difference between boys and girls. In Ceredigion, 71% of boys enjoyed PE 'a lot', compared to 55% of girls.

Traditionally, pupils who 'always' feel listened to are more likely to participate more frequently in sport and enjoy PE and sport at school. In Ceredigion, 16% of pupils said their ideas were 'always' listened to, and 48% said their ideas were listened to 'sometimes'. In comparison with Mid Wales, 13% in said their ideas were 'always' listened to, and 48% said their ideas were listened to 'sometimes'.

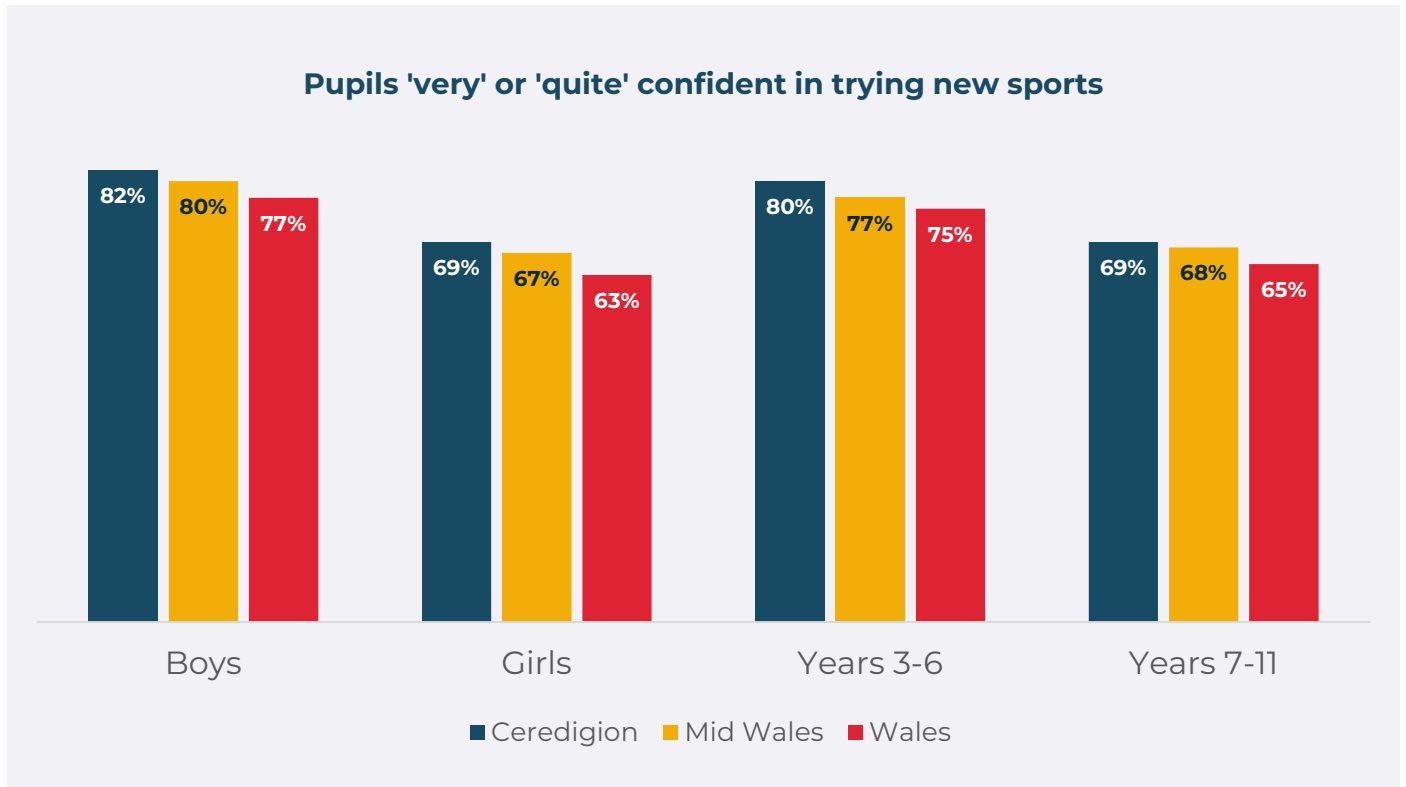
This is another area where we commonly see a gender divide: in Ceredigion 20% of boys felt listened to 'always', compared to 12% of girls. A similar pattern is observed in Mid Wales where 16% of boys and 11% of girls said their ideas were 'always' listened to.

Confidence

Young people's confidence to engage in new sporting opportunities has a large impact on their participation in sport. The 2018 Sport Wales Survey showed that pupils who are very confident in trying new activities are twice as likely to participate in sport three or more times per week. In Ceredigion, 74% of pupils felt either quite confident or very confident in trying new sports, compared to 72% in Mid Wales and 69% across Wales.



Whilst 82% of boys in Ceredigion felt either very confident or quite confident trying new sports, 69% of girls felt similarly.



Conclusions

Active nation

- 40% of pupils in Ceredigion participate in organised sport outside of the curriculum three or more times per week.
- In Ceredigion, the most popular sport for boys was Football and the most popular sport for girls was Running or Jogging.

Everyone

The groups in Ceredigion with the highest rates of participation were:

- Boys
- Year 11

Lifelong

- 96% of pupils in Ceredigion want to do more sport.
- The sport in Ceredigion with the most demand for boys is Football and for girls is Swimming.
- 58% of pupils in Ceredigion feel that PE lessons and sport help them 'a lot' to have a healthy lifestyle.

Enjoyment

- 61% of pupils in Ceredigion enjoy PE 'a lot'.
- 29% of pupils in Ceredigion felt 'very confident' in trying new sports.

Thank you

Thank you for helping us carry out this year's School Sport Survey. We hope that the information in this report will help you plan for the future, taking into account the needs and experiences of young people within Ceredigion and Mid Wales. By working together, we can achieve the Vision for Sport in Wales, ensuring sport is accessible to everyone in building a truly active nation.

For more information, visit www.sport.wales/research-and-insight/school-sport-survey.

If you have any questions about the survey or this report, please contact:
SchoolSportSurvey@sport.wales

Citbag

Visit Citbag. A Sport Wales hub of hundreds of free resources – supporting sporting experiences as part of the new Curriculum for Wales.

Go to <https://citbag.sport.wales/>



Appendix A

Full list of sports participated in at least once in any setting in the last year

Sport	Ceredigion	Mid Wales	Wales
Archery	25%	24%	21%
Athletics	32%	30%	27%
Badminton	33%	34%	30%
Basketball	48%	46%	50%
BMX	21%	23%	22%
Boccia	-	2%	2%
Bowls	15%	18%	15%
Boxing	13%	14%	18%
Canoeing or Kayaking	33%	29%	21%
Caving	7%	10%	8%
Cheerleading	4%	5%	6%
Climbing inside or outside	31%	31%	30%
Cricket	34%	35%	31%
Curling	2%	2%	2%
Cycling	70%	68%	59%
Dance	40%	39%	38%
Dodgeball	40%	38%	40%
Fencing	3%	4%	4%
Field Hockey	24%	22%	12%
Fishing or Angling	16%	17%	15%
Fitness classes	26%	25%	25%
Football	68%	67%	64%
Goalball	2%	2%	2%
Golf	28%	31%	30%
Gymnastics	18%	18%	19%
Horse riding	24%	25%	17%
Ice Hockey	2%	2%	3%
Judo	4%	6%	6%

Karate	11%	12%	13%
Lacrosse	1%	1%	2%
Lifesaving	10%	10%	10%
Motor sports	26%	23%	19%
Mountain biking	34%	32%	24%
Netball	32%	32%	27%
Paddleboarding	32%	26%	20%
Parkour	21%	21%	24%
Pool or Snooker	43%	43%	40%
Roller sports	14%	15%	14%
Rounders, Baseball or Softball	41%	41%	33%
Rowing	10%	9%	7%
Rugby	45%	44%	37%
Running or jogging	76%	74%	71%
Sailing	6%	6%	6%
Skateboarding	21%	21%	22%
Snowsports	10%	9%	8%
Squash	8%	10%	9%
Surfing	18%	13%	13%
Swimming	68%	69%	62%
Table tennis	38%	38%	35%
Target shooting	16%	17%	14%
Tennis or short tennis	41%	41%	35%
Trampolining	39%	41%	39%
Triathlon	5%	5%	5%
Volleyball	13%	14%	14%
Water polo	11%	11%	11%
Weightlifting	29%	25%	25%
Wheelchair basketball	3%	2%	2%
Wheelchair rugby	-	1%	1%
Wheelchair tennis	-	1%	1%
Windsurfing	3%	3%	3%
Wrestling	10%	11%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix B

Full list of sports participated in at least once in any setting in the last year by gender

Sport	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
Archery	25%	24%	26%
Athletics	32%	31%	33%
Badminton	33%	36%	31%
Basketball	48%	42%	56%
BMX	21%	14%	29%
Boccia	-	-	-
Bowls	15%	15%	15%
Boxing	13%	8%	18%
Canoeing or Kayaking	33%	32%	34%
Caving	7%	6%	8%
Cheerleading	4%	6%	-
Climbing inside or outside	31%	31%	32%
Cricket	34%	30%	39%
Curling	2%	-	2%
Cycling	70%	70%	71%
Dance	40%	56%	25%
Dodgeball	40%	38%	41%
Fencing	3%	-	4%
Field Hockey	24%	34%	16%
Fishing or Angling	16%	11%	22%
Fitness classes	26%	35%	18%
Football	68%	59%	79%
Goalball	2%	-	2%
Golf	28%	24%	32%
Gymnastics	18%	28%	9%
Horse riding	24%	34%	14%
Ice Hockey	2%	-	2%
Judo	4%	3%	6%

Karate	11%	8%	12%
Lacrosse	1%	-	-
Lifesaving	10%	10%	9%
Motor sports	26%	19%	32%
Mountain biking	34%	26%	42%
Netball	32%	49%	17%
Paddleboarding	32%	37%	28%
Parkour	21%	13%	28%
Pool or Snooker	43%	37%	49%
Roller sports	14%	20%	7%
Rounders, Baseball or Softball	41%	42%	40%
Rowing	10%	10%	10%
Rugby	45%	37%	54%
Running or jogging	76%	77%	76%
Sailing	6%	5%	6%
Skateboarding	21%	23%	19%
Snowsports	10%	11%	10%
Squash	8%	8%	8%
Surfing	18%	18%	18%
Swimming	68%	70%	66%
Table tennis	38%	37%	40%
Target shooting	16%	12%	20%
Tennis or short tennis	41%	41%	42%
Trampolining	39%	41%	36%
Triathlon	5%	4%	6%
Volleyball	13%	14%	12%
Water polo	11%	12%	10%
Weightlifting	29%	20%	38%
Wheelchair basketball	3%	-	3%
Wheelchair rugby	-	-	-
Wheelchair tennis	-	-	-
Windsurfing	3%	2%	4%
Wrestling	10%	6%	14%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix C

Full list of sports with latent demand

Sport	Ceredigion	Mid Wales	Wales
Archery	38%	38%	35%
Athletics	25%	25%	22%
Badminton	29%	30%	27%
Basketball	46%	46%	46%
BMX	23%	25%	24%
Boccia	2%	3%	3%
Bowls	13%	14%	13%
Boxing	28%	28%	30%
Canoeing or Kayaking	33%	32%	26%
Caving	16%	19%	18%
Cheerleading	11%	12%	14%
Climbing inside or outside	31%	34%	31%
Cricket	29%	29%	25%
Curling	7%	8%	7%
Cycling	50%	49%	44%
Dance	25%	24%	25%
Dodgeball	31%	33%	32%
Fencing	15%	16%	14%
Field Hockey	18%	16%	10%
Fishing or Angling	20%	19%	19%
Fitness classes	18%	17%	18%
Football	44%	45%	43%
Goalball	4%	4%	4%
Golf	28%	30%	28%
Gymnastics	21%	20%	20%
Horse riding	29%	30%	28%
Ice Hockey	9%	10%	11%
Judo	14%	15%	14%
Karate	21%	21%	22%

Lacrosse	6%	6%	5%
Lifesaving	16%	15%	14%
Motor sports	38%	37%	32%
Mountain biking	31%	31%	25%
Netball	24%	24%	20%
Paddleboarding	32%	29%	23%
Parkour	28%	30%	30%
Pool or Snooker	34%	35%	32%
Roller sports	18%	19%	19%
Rounders, Baseball or Softball	27%	28%	22%
Rowing	14%	14%	11%
Rugby	27%	27%	21%
Running or jogging	38%	39%	37%
Sailing	12%	12%	12%
Skateboarding	22%	23%	23%
Snowsports	23%	24%	21%
Squash	13%	14%	13%
Surfing	30%	28%	26%
Swimming	54%	53%	48%
Table tennis	37%	36%	32%
Target shooting	27%	30%	27%
Tennis or short tennis	44%	43%	38%
Trampolining	39%	42%	40%
Triathlon	12%	12%	10%
Volleyball	16%	18%	16%
Water polo	16%	16%	14%
Weightlifting	30%	29%	28%
Wheelchair basketball	5%	4%	3%
Wheelchair rugby	3%	3%	3%
Wheelchair tennis	4%	5%	4%
Windsurfing	12%	12%	11%
Wrestling	16%	18%	18%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix D

Full list of sports with latent demand by gender

Sport	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
Archery	38%	38%	37%
Athletics	25%	27%	24%
Badminton	29%	33%	26%
Basketball	46%	41%	51%
BMX	23%	13%	34%
Boccia	2%	2%	3%
Bowls	13%	14%	13%
Boxing	28%	20%	36%
Canoeing or Kayaking	33%	34%	32%
Caving	16%	13%	18%
Cheerleading	11%	19%	3%
Climbing inside or outside	31%	32%	29%
Cricket	29%	25%	34%
Curling	7%	6%	8%
Cycling	50%	48%	53%
Dance	25%	39%	11%
Dodgeball	31%	30%	33%
Fencing	15%	13%	17%
Field Hockey	18%	26%	11%
Fishing or Angling	20%	12%	27%
Fitness classes	18%	27%	9%
Football	44%	35%	54%
Goalball	4%	3%	4%
Golf	28%	24%	33%
Gymnastics	21%	33%	8%
Horse riding	29%	46%	14%
Ice Hockey	9%	10%	8%
Judo	14%	10%	17%
Karate	21%	21%	21%

Lacrosse	6%	8%	3%
Lifesaving	16%	19%	14%
Motor sports	38%	27%	49%
Mountain biking	31%	22%	41%
Netball	24%	39%	11%
Paddleboarding	32%	39%	25%
Parkour	28%	24%	33%
Pool or Snooker	34%	26%	44%
Roller sports	18%	25%	11%
Rounders, Baseball or Softball	27%	27%	28%
Rowing	14%	15%	13%
Rugby	27%	23%	33%
Running or jogging	38%	37%	41%
Sailing	12%	10%	14%
Skateboarding	22%	25%	18%
Snowsports	23%	25%	22%
Squash	13%	12%	14%
Surfing	30%	33%	28%
Swimming	54%	56%	52%
Table tennis	37%	36%	40%
Target shooting	27%	21%	33%
Tennis or short tennis	44%	45%	44%
Trampolining	39%	44%	34%
Triathlon	12%	11%	13%
Volleyball	16%	19%	14%
Water polo	16%	18%	15%
Weightlifting	30%	20%	41%
Wheelchair basketball	5%	4%	4%
Wheelchair rugby	3%	2%	3%
Wheelchair tennis	4%	4%	4%
Windsurfing	12%	12%	12%
Wrestling	16%	12%	20%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix E

Full list of sports with unmet demand

Sport	Ceredigion	Mid Wales	Wales
Archery	21%	22%	21%
Athletics	10%	10%	10%
Badminton	9%	10%	10%
Basketball	14%	15%	13%
BMX	11%	12%	11%
Boccia	2%	3%	2%
Bowls	6%	6%	7%
Boxing	18%	18%	17%
Canoeing or Kayaking	16%	16%	15%
Caving	12%	14%	14%
Cheerleading	9%	9%	10%
Climbing inside or outside	14%	16%	15%
Cricket	10%	10%	9%
Curling	6%	7%	6%
Cycling	8%	8%	10%
Dance	4%	5%	5%
Dodgeball	12%	14%	13%
Fencing	13%	14%	13%
Field Hockey	6%	6%	5%
Fishing or Angling	11%	10%	11%
Fitness classes	6%	6%	7%
Football	4%	4%	4%
Goalball	3%	3%	3%
Golf	12%	12%	12%
Gymnastics	10%	10%	10%
Horse riding	14%	15%	18%
Ice Hockey	8%	9%	9%
Judo	11%	11%	10%
Karate	15%	14%	15%

Lacrosse	5%	5%	4%
Lifesaving	11%	10%	10%
Motor sports	20%	21%	20%
Mountain biking	12%	12%	11%
Netball	7%	7%	7%
Paddleboarding	13%	13%	12%
Parkour	15%	17%	16%
Pool or Snooker	9%	9%	10%
Roller sports	11%	12%	12%
Rounders, Baseball or Softball	8%	9%	8%
Rowing	9%	10%	9%
Rugby	5%	6%	5%
Running or jogging	3%	4%	4%
Sailing	9%	10%	9%
Skateboarding	11%	12%	12%
Snowsports	17%	18%	16%
Squash	8%	9%	8%
Surfing	19%	20%	18%
Swimming	11%	9%	11%
Table tennis	15%	14%	14%
Target shooting	17%	19%	19%
Tennis or short tennis	17%	16%	16%
Trampolining	15%	16%	17%
Triathlon	9%	9%	7%
Volleyball	11%	12%	10%
Water polo	10%	10%	9%
Weightlifting	12%	13%	13%
Wheelchair basketball	3%	3%	3%
Wheelchair rugby	2%	3%	3%
Wheelchair tennis	4%	4%	4%
Windsurfing	10%	11%	10%
Wrestling	10%	12%	11%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix F

Full list of sports with unmet demand

Sport	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
Archery	21%	22%	19%
Athletics	10%	10%	9%
Badminton	9%	10%	9%
Basketball	14%	15%	13%
BMX	11%	7%	15%
Boccia	2%	2%	-
Bowls	6%	7%	5%
Boxing	18%	15%	22%
Canoeing or Kayaking	16%	17%	15%
Caving	12%	10%	13%
Cheerleading	9%	15%	2%
Climbing inside or outside	14%	16%	11%
Cricket	10%	9%	11%
Curling	6%	6%	7%
Cycling	8%	9%	7%
Dance	4%	7%	2%
Dodgeball	12%	11%	12%
Fencing	13%	12%	15%
Field Hockey	6%	7%	4%
Fishing or Angling	11%	8%	14%
Fitness classes	6%	10%	3%
Football	4%	5%	3%
Goalball	3%	3%	4%
Golf	12%	13%	12%
Gymnastics	10%	16%	4%
Horse riding	14%	22%	7%
Ice Hockey	8%	9%	7%
Judo	11%	8%	12%
Karate	15%	16%	13%

Lacrosse	5%	8%	3%
Lifesaving	11%	14%	10%
Motor sports	20%	16%	25%
Mountain biking	12%	11%	13%
Netball	7%	9%	5%
Paddleboarding	13%	15%	11%
Parkour	15%	16%	15%
Pool or Snooker	9%	8%	10%
Roller sports	11%	15%	7%
Rounders, Baseball or Softball	8%	9%	8%
Rowing	9%	10%	8%
Rugby	5%	6%	5%
Running or jogging	3%	4%	3%
Sailing	9%	8%	11%
Skateboarding	11%	15%	8%
Snowsports	17%	19%	17%
Squash	8%	7%	9%
Surfing	19%	22%	17%
Swimming	11%	11%	10%
Table tennis	15%	15%	16%
Target shooting	17%	14%	20%
Tennis or short tennis	17%	17%	16%
Trampolining	15%	18%	12%
Triathlon	9%	9%	9%
Volleyball	11%	13%	9%
Water polo	10%	12%	9%
Weightlifting	12%	10%	14%
Wheelchair basketball	3%	3%	3%
Wheelchair rugby	2%	-	3%
Wheelchair tennis	4%	4%	3%
Windsurfing	10%	11%	10%
Wrestling	10%	8%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix G

I would do more sport if... list

	Ceredigion	Mid Wales	Wales
If there were more sport opportunities that suited me	38%	40%	37%
If I didn't have to get the school bus home	9%	9%	6%
If I had more time	40%	39%	36%
If it was cheaper	18%	19%	17%
If it was easier to get to	21%	21%	19%
If I had the equipment I need	16%	17%	16%
If the places I played sport in were better	10%	11%	10%
If boys and girls did sport or PE separately	9%	10%	9%
If boys and girls did sport or PE together	10%	11%	10%
If I enjoyed PE more	15%	15%	16%
If I enjoyed sport more	15%	15%	15%
If more people in the sport looked like me	4%	5%	5%
If I was more confident	26%	26%	25%
If I was better at sports	20%	20%	20%
If I could manage my period better	5%	6%	5%
If someone else went with me	24%	24%	23%
I do not need or want to play more sport	8%	8%	9%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix H

I would do more sport if... list by gender

	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
If there were more sport opportunities that suited me	38%	42%	35%
If I didn't have to get the school bus home	9%	10%	8%
If I had more time	40%	44%	37%
If it was cheaper	18%	21%	15%
If it was easier to get to	21%	23%	19%
If I had the equipment I need	16%	15%	15%
If the places I played sport in were better	10%	9%	10%
If boys and girls did sport or PE separately	9%	15%	5%
If boys and girls did sport or PE together	10%	10%	8%
If I enjoyed PE more	15%	17%	12%
If I enjoyed sport more	15%	18%	11%
If more people in the sport looked like me	4%	4%	3%
If I was more confident	26%	33%	18%
If I was better at sports	20%	24%	14%
If I could manage my period better	5%	8%	-
If someone else went with me	24%	32%	16%
I do not need or want to play more sport	8%	5%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.